

Shari DeBose, MBA, Certified Health/ Wellness Coach (ACSM)

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SUMMARY: Over fifteen years of experience in industry and academia with worldwide leaders in the industries such as Providence Health & Services, Blue Cross Blue Shield and Intel Corporation. Worked as a health/ wellness coach, healthcare manager, healthcare program/project manager, teacher, trainer, instructor, adjunct faculty member, training/ project manager, team leader, training developer, consultant and community volunteer. A personable, motivated professional, with broad training, teaching, healthcare, project management, business analysis and academic background. Very strong interpersonal communication (written and verbal) skills, strong people and customer orientation. **Active participant and volunteer for ASTD (American Society for Training and Development).**

EDUCATION:

Health/ Wellness Coach Certification from American College of Sports Medicine (ACSM). Classes in Training/ **Instructional Design Certification** from Portland State University.

Master of Business Administration in Health Education/Management. Southern Illinois University, Carbondale, Illinois.

Master of Science from Duke University in Science & Technology, Durham, North Carolina.

Bachelor of Science from Pratt Institute in Science and Technology, Brooklyn, New York.

Member of ASTD, American Society of Training and Development.

EXPERIENCE:

INDUSTRY:

8/10 – Present: Healthcare Education Program Manager at a local healthcare organization (Contract) – Principal responsibility include **managing, planning, development, implementation and outcomes of healthcare eLearning and classroom learning education programs** for healthcare professionals (including entry level) such as nurses, occupational and physical therapists, chiropractors and other healthcare professionals. Additional responsibilities include: to market, design, develop, and coordinate specialized training or educational program (including e-learning) for the college or for clients wanting customized programs (namely, Kaiser and Providence). **Oversee the student placement** and monitor success. **Facilitate the adjunct instructor hiring** and evaluation process, and develop or oversee the development of curriculum. Conduct strategic planning, needs assessment, and program development to ensure client needs are being met. Instruct classes in Healthcare Administration Education.

Adjunct faculty at Warner Pacific College in Healthcare Administration ADP program.

Started private practice as a **Health/ Wellness Coach** in Portland, Oregon. My client base/ target clients are working professional adults in the Portland metro area who choose to improve their health and life

style. As part of the process, I conduct wellbeing assessment, assist clients to identify priorities and develop personal wellness plan including vision, three month goals, the first three steps to accomplish this goal, weekly goals and follow up of regular client assessment using Motivational Interviewing and Appreciative Inquiry. I practice telephonic coaching as well. This is a part time endeavor right now.

1/09 – 8/10: Healthcare Training Program Manager/ Business Analyst at Stockamp Associates/ Huron Consulting, Portland, Oregon (Contract). Primary function is to analyze **and train** on hospital processing systems, elicit requirements for hospital process improvement tool development, proactively communicate and collaborate with external and internal customers and interpret customer business needs and translate them into application and operational requirements. **Train all new employees and client hospital administrators on the tool functionalities . Create training material for on line and in class training. Created and delivered hard and soft skill set training development package for employees. Manage direct reports.**

Private practice as a **Health/ Wellness Coach** in Portland, Oregon.

12/07 – 1/09: Manager of Enterprise Project Management Office at Providence Health & Services, Portland, Oregon at Providence Physicians Division. Responsible for managing the Providence Physician Division project management office (8 Project Managers and 2 Project Coordinators) and the portfolio to improve Providence Health Systems' employed primary care and specialty care **and related eHealth education**. Manage clinic implementations (**including eHealth education**) to provide improved healthcare to Oregon and Washington (was laid off from this position due to economic condition and downsizing).

Private practice as a **Health/ Wellness Coach** in Portland, Oregon.

10/05 – 11/07 – Training Manager/ Project Manager at Regence Blue Cross Blue Shield of Oregon, Portland, Oregon. Managed the release of Medicare Part D project, led the team to ensure that the project was delivered on schedule while satisfying agreed-upon customer requirements and specifications within the scope of the project and led it to a successful closure.

Developed web-based and classroom based **training on on-line Healthcare tools for improving healthcare of the members. Trained on Healthcare tools and employee development skillset.** Assumed **training coordinator and training/curriculum developer** roles of the projects. **Instructional system design experience** in working on **developing user guide and the training material – web based and classroom based instruction. Developed new hire training programs. Coordinated the training feedback system.**

9/95 – 10/05, Trainer/ Project Manager/ Business Analyst at Intel Corporation, Hillsboro, Oregon. Identified project deliverables & requirements, drove project deliverables to milestones, issue resolution, design support, implementation support, wrote test scripts and testing, managed communication and influenced global and regional stakeholders and drove key decision approvals for three web based tool development projects.

Instructed courses in leadership management through Intel University. Trained engineers on the web usage. **Training coordinator and training developer** of the projects. **Instructional system design** experience in **developing user guide and the training material, web based and classroom based instructional design and instruction**. Developed **new hire training programs**. **Coordinated the training feedback system**.

Received Department Level award at Intel.

EDUCATION/ACADEMIA/MISCELLANEOUS:

2010 - 2011, Adjunct instructor, Warner Pacific College, Portland, OR in Healthcare Administration

2007 - 2010, Volunteer teacher at the Trinity Episcopal Cathedral, Committee Member of Adult Education, Portland, OR. Taught middle school, high school and kindergarten class age appropriate math, science and world history classes. Offered programs in health/ wellness coaching and other spiritual education for adults.

Spring 2005, Adjunct Instructor at Portland Community College, Portland, OR. Instructed a class in Basic Math in the Mathematics Department at the Rock Creek campus of Portland Community College, Portland, Oregon.

2003, 1996-97, Adult Literacy Volunteer Tutor, Portland, OR. Coached students to complete GED by teaching primarily English, Mathematics, History and Literature. Tutor of English as Second Language (ESL). **Extensive experience with students from different cultures such as Latin America, Mexico and Asia.**

2001-2003, Volunteer Teacher Assistant, Math and Physical Science class, Portland, OR. Teaching assistance volunteer at Westview High School, Lincoln High School and WL Henry Middle School in Portland, OR. Assisted students with the basic math and science and Algebra homework. Experience working with teens and pre teens.

Winter 2000, Adjunct faculty, Portland State University, Portland, OR. Instructed database development class in the Management Information Systems department.

2000– 2005, 2009, Volunteer Reader with the SMART program at W L Henry Middle School in Hillsboro, OR.

Winter 1994, Adjunct faculty, University of Colorado, Denver, CO. Instructed Computer class in the Management Information Systems department.

1998 – 2005, Volunteer, Red Cross, volunteer coordinator. **Volunteer at Missionaries of Charity**, Calcutta, India